

## Meet norovirus (a.k.a. winter vomiting bug)

I am a **highly transmissible virus** that causes vomiting and diarrhoea outbreaks, particularly in **hospitals** and **care home** settings.

### How do I spread and survive?

I am **highly transmissible** in healthcare settings, causing infection with as few as 10 to 100 viral particles. I spread through **direct contact** (*skin, bodily fluids, food and water*) and **indirect contact** (contaminated surfaces: *toilets, sinks and tables* or shared medical equipment: *thermometers and blood pressure cuffs*). While I don't form my own biofilms, I can persist in **bacterial biofilms** increasing my resilience and making me harder to eliminate than other viruses.

### How can you stop me?

**Prevention is key.** Robust cleaning protocols and disinfectants proven effective against Norovirus are essential to stop transmission and outbreaks. Performing **regular hand hygiene** is key to breaking the chain of infection.



For **everyday decontamination** of high-touch surfaces and shared medical equipment, use **Clinell Universal Wipes**, effective in 60 seconds.

For **enhanced decontamination** of **outbreaks**, use **Clinell Peracetic Acid Wipes**, effective in 60 seconds, **Clinell Enhanced Pods**, effective in 30 seconds and **Drain Disinfectant**, effective in 15 minutes.

Use biocides safely. Always read the label and product information before use.